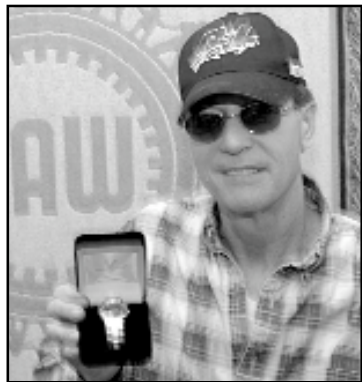




RECENT RETIREES



John Ball



Joe Sobocinski



Clayton Ake



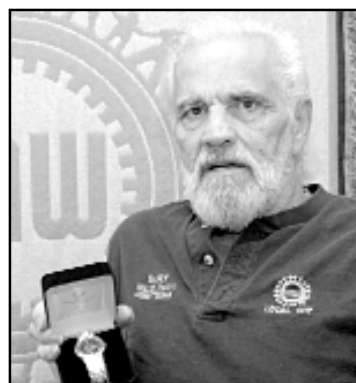
Dennis Bennett



Daniel Noyse



Ray Matchko



Gary Slocum



Jefferson Barnette

Jacqueline (Mamajack) Aikey (HiLo driver) on the 2nd shift has retired with 16.5 years of seniority. Jackie and her husband, Paul have five children and 10 grandchildren. Her hobbies are casinos and golf. Future plans are to spend time with family and do some traveling. Special Note: Thanks to Ford Motor for having me work for you, and giving me good benefits. I will miss all the great people I've worked with throughout the years.

Robert Brooks, (Crib Attendant) on the 2nd shift has retired with 37 years of seniority, 10 of those years at the Woodhaven Forging Plant. He and his wife Lylee have three children and eight grandchildren. His hobby is golf. Future plans are to do some traveling and golf, and spend time with his grandchildren and wife. Special Note: Thanks to Ford and the UAW for the good living they have given me.

James Hamilton (Welder Repair) on the 2nd shift has retired with 36.2 years of seniority. His hobbies are golf, boats, and traveling. Future plans are to travel to England, Ireland and Cancun. Special Note: Thank you Ford Motor Co for the best job in my life. I want to thank everyone that I worked with all those years, THANK YOU. I couldn't of done it without your cooperation. I thank the UAW for their sense of duty. And to the employees, rock and roll.

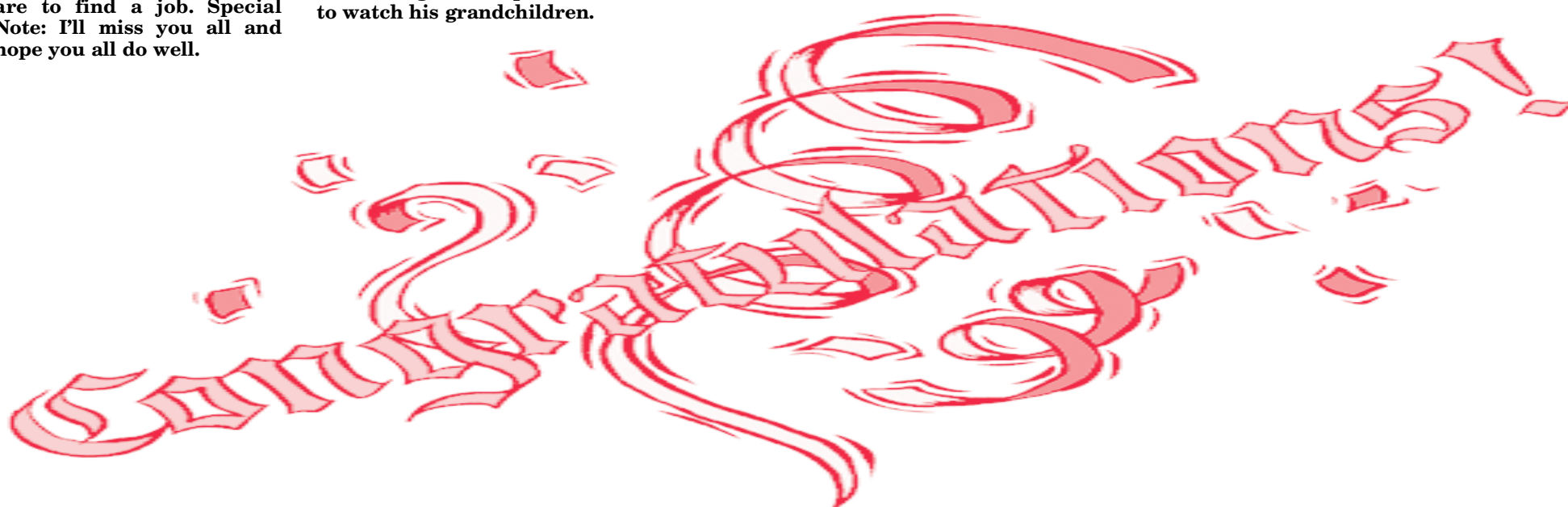
Timothy Glander (Forge Line) on the 2nd shift has retired with 30 years of seniority, seven of those years at the Woodhaven Forging Plant. He and his wife, Joyce have one child. His hobbies are video games, movies and spending time with his family. His future plans are to just enjoy life. Special Note: For 30 years this has been my extended family. I've had lots of good times working with all my friends at both Vulcan and Woodhaven Forging plants.

Phil Kuspa (Welder Repair) on the 2nd shift has retired with 35 years of seniority. He and his wife, Carole have four children and five grandchildren. His hobbies are woodworking, music, bowling and free masonry (he is the Secretary of his Masonic Lodge). Future plans are to do more traveling and spend time with grandkids. Special Note: I would like to thank all of the people that I worked with at Woodhaven, especially the women and men working on the lines on the Assembly Side. They helped me do my job better and at times made me look "smarter" by pointing out the problems and problem areas on the lines.

Linda (Mrs. Koz) Kozlowski (Cleaner) on the 3rd shift has retired with 24.8 years of seniority. She and her husband, Koz have four children and three grandchildren. Her hobbies are baking and going to her place up north. Future plans are to find a job. Special Note: I'll miss you all and hope you all do well.

Daryl Kellums (Finish Line) on the 2nd shift has retired with 33.5 years of seniority at the Woodhaven Forging Plant. He and his wife, Carol have three children and four grandchildren. His hobbies are golf and fishing. Future plans are to watch his grandchildren.

Dave Wittman (Finish Line) on the 2nd shift has retired with 34 years of seniority, 10 of those years at the Woodhaven Forging Plant. He and his wife Kathy enjoy golfing and bowling. Future plans are to golf, fish and go to his condo in Florida.



UAW Local 387
35th Annual
BOWLING TOURNAMENT
 All Events will be bowled at
INDIAN LANES

Team Event February 17, 2007
 Singles & Doubles March 3, 2007
 Mixed Doubles April 14, 2007

Times will be **10:00 a.m. and 3:30 p.m.** for all 3 events. You must be a member or retiree of Local 387 in good standing to bowl in this tournament.

All entry forms can be picked up at Local 387, Committee Room or see Frank Camilleri, Nick Hammons, 3rd shift or Fred Hammons Jr., 2nd shift.

Bowling Committee: Frank Camilleri
 Nick Hammons
 Fred Hammons Jr.

UAW Region 1A Director Rory L. Gamble Presents ...

The 52nd Annual UAW Region 1A Invitational Bowling Tournament

Saturday, March 31, 2007
 (Tournament Times: 1:00 p.m. or 5:30 p.m.)



At:
Thunderbowl Lanes
 4200 Allen Road
 Allen Park, Michigan 48101

- Open to UAW Region 1A members, their spouses, and retirees only.
- Honorable withdrawal cards accepted from non-management personnel (dated after December 31, 2004).
- USBC Moral Support Sanction team event only.

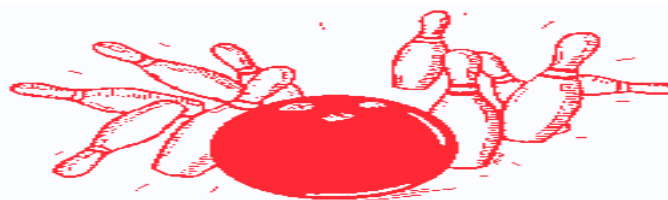
Based on a ratio of one (1) out of every fifteen (15) entries, the top qualifiers in this tournament will be eligible to compete in the International UAW Finals Championship.

NOTE: Local Unions and bowlers should please note that there is no obligation for Local Unions or Region 1A to pay for expenses for qualifiers to the Team Finals Championship or to the Regional Tournament.

• This tournament is affiliated with the International UAW Finals Championship.

ENTRY DEADLINE DATE IS MARCH 15, 2007.
 NO ENTRY WILL BE ACCEPTED AFTER THE DEADLINE DATE.
 ENTRY FEE = \$100 PER TEAM; NO REFUNDS AFTER DEADLINE DATE.

For further information and entry blanks, contact your Local Union Recreation Chairperson, Committee members, or UAW Region 1A at (313) 291-2750.



- Men's & Women's Division
- 70% Handicap Basis
- 100% Return of Prize Fee
- 1 Prize for Each 10 Entries
- Special Awards to Winners

\$100 Entry Fee Per Team Includes:
 Prize Fee \$ 40.00
 Bowling Fee \$ 33.75
 Affiliation Fee \$ 2.00
 Journey Expense \$ 24.25
 \$100.00
 U.S. Currency Only



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A LOAN PROGRAM...

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- No Prepayment Costs...
- A True "No Cost Credit Improvement Program" after Financing with our Company...
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www.LOAN4MEMBERS.COM

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9601 Middlebelt Rd. • Romulus, MI 48174
www.us-park.com

Daily Rate With This Coupon is

Weekly Rate \$48

\$800 per day

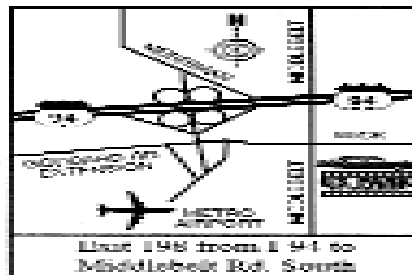
TAXES INCLUDED

Rate without coupon

\$10⁰⁰ per day

Hourly Rate: \$2⁵⁰ (tax included)

Avoid the hassles of airport traffic, allow us to serve you with pick up or drop off of family and friends.



Save Time — Lot close to the terminals with easy access from I-94 & I-275.

Save Money — Low daily rates, and continuous free shuttle service.

Save Worry — Open 24/7 with lighted, fenced and continuous patrolled lot.

The **ONLY** Off Airport Union Lot
UAW Local 174 Region 1A

Courtesy of



Expires: August 31, 2007
 Rate Subject to Change

1-800-447-PARK

FITNESS CENTER NEWS



Helpful Tips on How to Make Your New Years' Resolutions Stick

At the beginning of each year so many of us commit to goals and changes to be accomplished in the next twelve months only to be disappointed come next December when we discover we are no closer to achieving those goals than we were in January. Try these tips to stay on track in 2007!

Make an exact goal don't be too vague. Most people will say, "I want to lose weight this year." The probability of that happening is not good, you need to be specific, "how much weight?" and be realistic. Set a certain amount that is healthy for you, write it down and post it on your bathroom mirror or somewhere where you will be reminded everyday what your goal is.

Set a deadline. Resolutions that are to be achieved "as soon as possible" wind up becoming a "Someday I'll". Without a deadline to help push you it is easy to postpone getting started. Deadlines help us to break the resolution down into smaller pieces. For example, if your goal is to lose 25 pounds by June 30, that translates into approximately 4 pounds per month, one pound per week, or a daily reduction of caloric intake (or an increase in daily caloric burn) of just 500 calories per day. Now that's manageable. 500 calories a day is easy to achieve. 25 pounds at first seems like a lot until we identify our exact goal, set a deadline, then break it down to its daily requirements.

Change one or two things at a time. We generally do not like change in the first place. So the more change you put yourself through, the higher the probability you will fail to stick to your decisions. Focus in on one or two of the more important resolutions you seek to accomplish this year. When you achieve one or the other, start on the next one. Don't overwhelm yourself with too much change all at once.

So when starting your New Years' resolutions remember these three easy tips and with every choice you make throughout each day ask yourself, "is this bringing me closer to my goal or further away?"

EDUCATION MONEY Use it or lose it

As we may all be aware, our educational programs, through UAW-Ford EDTP, are the best. Hourly, UAW-Ford represented, active workers are eligible for up to \$4,600 per year for tuition and compulsory fees to attend a nationally/regionally accredited college or university. Up to \$2,200 of the tuition, money may be used for PDA classes or non-college credit classes, which must be pre-approved by the UAW-Ford NPC. In addition, an active worker may also use up to \$150 of the 44,600 for college books (on a reimbursement basis.)

Retirees received up to \$1,500 per calendar year to attend classes at UAW-Ford locations.

Indefinitely laid off members are entitled to receive NVRAP tuition assistance of \$8,400.00 if you have four or more years of seniority, and meet the following criteria:

1. you retain recall rights
2. you have one year of seniority
3. you have been laid off for at least three months
4. you have no immediate prospect for recall to work

I strongly urge members to take advantage of this opportunity while it still exists.

John Moore
President
Local 387

Angela Gordon
ETC
Local 387

U.A.W-Ford Rehabilitation Center

FEBRUARY is 'HEALTHY HEART MONTH'

The most recent data from the American Heart Association reports that cardiovascular (heart) disease was the underlying cause of more than one third of deaths in the USA in 2004.

The best way to prevent heart disease is to:

- Know your risk factors
- Tell your Doctor if you have any risk factors
- Take steps to control your risk factors

Some risk factors are uncontrollable — increasing age; family history; ethnic background, but many causes of heart disease are controllable:

HIGH BLOOD PRESSURE (BP) — Nearly 1 in 3 adults have hypertension. A person with a BP greater than 140/90 has increased risk of heart disease.

SMOKING — on average, male smokers die 13-yrs earlier and female smokers die 14-yrs earlier than their non-smoking counterparts. Smokers are twice as likely to have a stroke, 2-4 times as likely to develop heart disease and more than 10 times as likely to develop peripheral vascular disease.

HIGH BLOOD CHOLESTEROL — people with total blood cholesterol levels of 200mg/dl or higher have increased risk of heart disease.

DIABETES MELLITUS — type 1 and 2 diabetes increases risk of heart disease.

OVERWEIGHT — too much body fat will affect blood pressure, cholesterol and diabetes which in turn will increase the risk of heart disease. A good guideline is waist measurement. Women measuring > 35" and men > 40" have increased risk. People with a Body Mass Index (BMI) value of 25 or above are at greater risk.

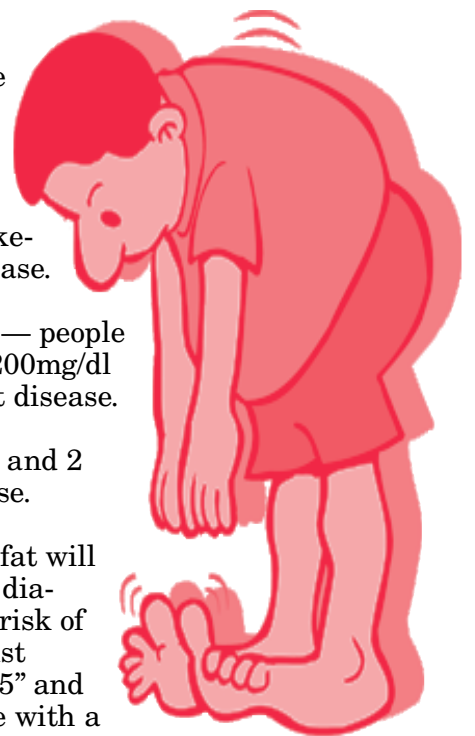
STRESS — too much stress or an unhealthy response to stress can affect the heart.

INACTIVITY — inactive lifestyles increase the risk of heart disease. 30-60 minutes of physical activity on most days will help reduce that risk.

RECOMMENDATIONS — The National Heart, Lung and Blood Institute recommends that adults get:

- Minimum of 30 minutes of moderate physical activity on most days of the week.
- Maintain a healthy weight and eat a heart-healthy diet.
- Reduce stress.
- Stop or do not start smoking.

For help and further information visit
www.fda.gov/hearthealth/healthyheart/healthyheart.html
or www.americanheart.org.



Paula Boardman PT
734-671-7255
Purvi Bhatt OTR

**Congratulations to
the 7th Annual
Local 387
Big Buck Contest
Winners**



Archery

1st Place \$350
Bruce Carrier
10 Point- 27"
score

2nd Place \$100
Dennis Young
8 Point- 24" score

3rd Place \$50
John Ball
8 Point- 20-3/8" score

Firearm

1st Place \$350
Jimmy G
7 Point- 24"
score

2nd Place \$100
Brian Mullins
11 Point- 22" score

3rd Place \$50
Kevin Madigan
8 Point- 22" score

Congratulations to the Raffle Winners
They will receive a
\$50.00 Cabela's gift certificate each.

Frank Giarmo
Kevin Justice

**VETERANS
REPORT**

**Recyclable Cell Phones for
Veterans Overseas:**

On behalf of your Veterans Committee and Local 387 we are proud to be a sponsor for recyclable cell phones. The profits generated from the recycled cell phones are used to purchase AT&T phone cards which will be sent to Military Personnel overseas. We are the only drop off point in Southeastern Mi. If you have an old, out dated or cell phone not in service and you would like to donate them to this project, please drop them off at the local anytime during normal business hours which are 7:00 a.m. until 4:00 p.m. Monday thru Friday.

Important Telephone Numbers:

If you have a question for VA benefits or need Veterans assistance please call the following locations.

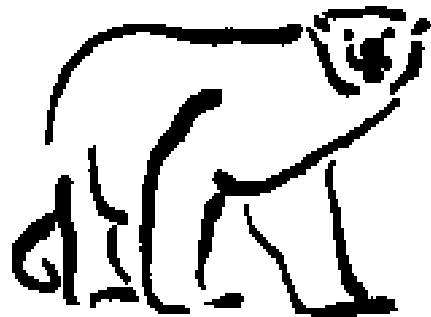
Detroit VA Hospital,
(313) 576-1000
Ann Arbor VA Hospital,
(734) 769-7100
Department of VA Affairs,
Detroit Office
(800) 827-1000

Book Drive:

The Veterans Committee will host their annual book drive at the gate on Friday, April 20th. You may also place books into the bin at security or drop off at the Local. Retirees may drop books off at the Local during normal business hours. These books will be given to the Detroit Vet. Center.

GOD BLESS AMERICA!

Bob Harvey
Veterans Committee
Chairman



**BAIR
TAX
SERVICE**

(734) 282-2022
WYANDOTTE, MICHIGAN

Local 387 Members and their Families, Income Tax Returns will be prepared at UAW Local 387 Union Hall, Telegraph Rd., in Woodhaven by BAIR TAX SERVICE again this year. We have been in business for over 40 years.

BAIR TAX SERVICE will be at the Local every Tuesday, beginning February 6th thru April 10th, 2007 from 9 a.m. to 4 p.m.

FOR APPOINTMENTS: **Call (734) 282-2022**
(open 7 days a week). Tax Office located at:
2381 Fort Street between Northline & Vinewood.

Financial Planning Service also available.

**To my Sisters and Brothers
of Local 387, U.A.W.**

I would like to thank all of you at Woodhaven Stamping for the last four and a half years. I have met hundreds of wonderful people that I will truly miss. Especially to my Women's Committee members Dorothy, Veronica, Senetta, Valerie, and Chrissy who is also leaving. Thank you women for letting me lead our committee. Keep up the good work in keeping our name "That's Local 387 Ladies" known at the Region and all Labor events. To Local 387 Executive Board Members, it has been a pleasure working with all of you and serving the needs of the members of our Local. To 92-department 202-242 area third shift keep giving them hell.

After almost seven years working for Ford I made the decision to leave the company. I will be praying for all of you at Woodhaven that the company can make a turn around and you will not have to worry about your job security. I want to wish Good Luck to all of you and keep the faith.

In Solidarity Forever,
Carolyn Maddix

President's report

PRESIDENT, from Page 1

quire union leave from Ford Motor Co. that the Local Union is contractually obligated (Volume 1 Article VIII Section 31a) to provide the company with at least 3 days notice prior to the person being released from the floor.

Standing Committees

We have openings for members to become active on standing committees. The only criteria to become a member of a committee are that you must attend 2 out of every 3 Monthly Membership Meetings. If you are interested in one of the committees please contact the local.

Dates to Remember

- February 25th (4:00 p.m.) sec-

ond reading and voting on proposed by-law changes

- March 25th (10:00 a.m.) nomination and election of election committee
- April 6th Good Friday
- April 9th Easter (UAW paid holiday)
- April 22nd (4:00 p.m.) nominations for General Election

Conclusion

Finally, I would like to encourage all members to attend the regularly scheduled Monthly Membership meetings held on the fourth Sunday of every month. If you have any concerns or issues you would like to discuss please feel free to contact me. The phone number for the Local 1-734-782-2771.

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Mathews Ford / UAW Partnership

- ▶ The UAW Good News Hotline 888-822-6391
Call Tim Korhummel directly for immediate assistance involving service, sales or to answer any questions.
- ▶ Exclusive Sales Incentives to all UAW members including but not limited to:
 - Free introductory oil changes
 - Guaranteed 5% savings on any UAW purchase
 - Free service loaners
 - Tires for life program exclusive to UAW members
 - Free immediate locates up to 1,000 mile radius
 - Plant pick-up and delivery (within 60 miles)
 - Preferred finance rates with FMCC
 - Free car wash for all UAW members
 - 15% parts discount - preferred UAW pricing on all parts
 - Special UAW pricing on Ford's Extended Service Plan with payment plan
 - Immediate plan pricing - instant pricing and print-outs
 - 2-year warranty on all used cars and trucks
- ▶ Special Adopt a Ford Employee Program
Special X Plan pricing for your friends and family

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IN MEMORIAM

NO
PHOTO
AVAILABLE
AT
PRINTING

ROBERT BROGLEY
Born: 10/23/31
Retired: 1/1/94
Died: 12/8/2006



HARVEY L. ELLERHORST
Born: 5/27/28
Retired: 1/1/93
Died: 11/9/2006

NOTICE MEMBERSHIP MEETING

will be held on

Sunday, Feb. 25, 2007 at 4 p.m.

24250 Telegraph Road, Flat Rock

AGENDA:

Pledge of Allegiance to the Flag
A moment of silence for our departed members/Invocation
Roll Call of Officers, Committeemen &Appointees
Minutes of Previous Meetings
Communications
2nd Reading of the Proposed By-Law Changes and Voting
Committee Reports
Chairman's Report
President's Report
Financial report
Old Business
New Business
15 minutes question & answer period
Good & Welfare
Adjournment

MEMBERSHIP MEETING

Sunday, March 25, 2007 at 10 a.m.

24250 Telegraph Road, Flat Rock

AGENDA:

Pledge of Allegiance to the Flag
A moment of silence for our departed members/Invocation
Roll Call of Officers, Committeemen &Appointees
Minutes of Previous Meetings
Communications
Nomination of Election Committee
Committee Reports
Chairman's Report
President's Report
Financial report
Old Business
New Business
15 minutes question & answer period
Good & Welfare
Adjournment

MEMBERSHIP MEETING

Sunday, April 22, 2007 at 4 p.m.

24250 Telegraph Road, Flat Rock

AGENDA:

Pledge of Allegiance to the Flag
A moment of silence for our departed members/Invocation
Roll Call of Officers, Committeemen &Appointees
Minutes of Previous Meetings
Communications
Nomination of General Election and Election of Election Committee
Committee Reports
Chairman's Report
President's Report
Financial report
Old Business
New Business
15 minutes question & answer period
Good & Welfare
Adjournment

NOTICE: You must be a member to attend Local 387 Membership Meetings, and show proof with a Union Check-Off Card if requested.

MEMBERS ARE ENCOURAGED TO ATTEND MONTHLY MEETINGS

To all Standing Committees: If you cannot attend this meeting, please call the Local (734-782-2771) and justify your absence by **Friday, before the meeting.**